

EXTENSION CARE GUIDE



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BLONDES.BALAYAGE.EXTENSIONS

WASHING & STYLING

It is important to follow the directions provided to you and use only approved products in order to prevent damage to the extensions and your own hair. I suggest Eleven Australia Hydrate My Hair Shampoo + Conditioner.

- Only wash hair 1-2x a week
- You have twice as much hair, so rinse twice as much
- Section your hair like we discussed when washing and brushing hair
- Leave your conditioner on the extensions for at least 2-3 minutes
- Towel dry hair with a microfiber towel or men's white t-shirt to prevent friction and frizzing caused by regular towels.
- Use Eleven Australia Smooth Me Now Serum, Miracle Hair Treatment and only use The Wet Brush to comb through.
- Blow dry your roots right away after washing or sweating. DO NOT wash or blow dry your hair upside down as this may cause tangling.
- Oil your extension hair and natural ends morning and evening.
- Brush hair multiple times throughout the day to prevent tangling. Holding the row, brush from the ends work your way up the hair shaft.
- Avoid hair spray, and any other styling products with high alcohol content, as this will dry out the hair.

SLEEPING

- Brush and oil your hair before bed
- Put hair in a low, loose braid or a low pony and secure with a scrunchie to prevent tangling
- Do not go to bed with wet hair, this will cause excessive matting and premature slipping of extension hair

COLORING

- Serious damage may be caused to your extensions and to your own hair by chemical treatments at home, or by hairstylists not thoroughly familiar with extensions. Coloring the extensions incorrectly can lead to extreme damage and significantly shortening the life of the extension hair.
- All chemical treatments of your own hair should be carried out with a stylist certified in extensions
- You can never lighten extension hair, if you choose to go lighter, you will need to buy new hair.

SWIMMING & SUNSHINE

- It is best to avoid swimming when you have hair extensions. If you choose to swim, you will want to take a few precautions
- Before getting in the pool or ocean, rinse your hair in fresh water, spray in leave in conditioner, then braid the hair and secure to prevent tangling.
- Shampoo + condition your hair as soon as possible after getting out of the water.
- Sunscreen is very likely to have a chemical reaction with extension hair, which results in a strong orange/peach tone in the hair. AVOID the ingredient AVOBENZONE.
- Do not use spray sunscreen near your extension hair, and be sure to wear your hair up off of your shoulders in loose bun to prevent sunscreen from coming in contact with the extension hair. This is the same for any self tanners until they are fully developed and rinsed off your skin.

MAINTENANCE

As your hair grows, the hand-tied weft attached to the beaded row attached to the extension will move further away from your scalp along with your own hair. This creates tension on your natural hair.

It is necessary for you to return to your certified hand-tied extension stylist every 6-8 weeks for move ups. Failure to do this may result in tangling and/or damage to your own hair.

If you feel anything that has slipped, is looser than normal grow out, or extreme tension in certain areas, please contact me immediately to get the issue resolved.

If you have any questions, please contact me at jenna@jennaschultzbeauty.com